



# MI RUTINA DIARIA



Andrea Öst 

# Reflexive Pronouns in Use

Many actions related to personal care or daily routines are reflexive, but other verbs can be reflexive as well. In the sentences below, the subject performs the action on itself, and the subject and object of the verb refer to the same entity.

To learn to conjugate reflexive verbs, you need to learn a different set of pronouns called "**reflexive pronouns**." These pronouns are positioned before the verb, while the ending "se" is dropped and the verb is conjugated normally.

**me (myself)**

**te (yourself)**

**se (himself, herself,  
yourself)**

**nos (ourselves)**

**os (yourselves)**

**se (themselves)**

*Andrea Öst* 



**ME  
DESPIERTO  
A LAS  
7.00 A.M**



*Andrea Öst* 

# ME LEVANTO



Andrea Öst 

# ME DUCHO



Andrea Öst 🎙️

# DESAYUNO

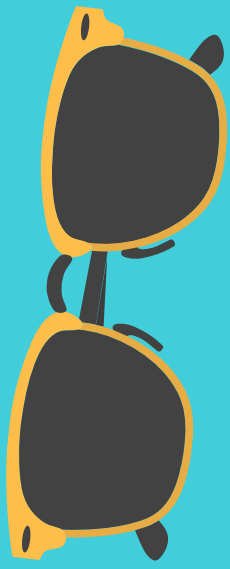


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# ME CEPILLO LOS DIENTES



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# SALGO



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# VUELVO A CASA



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# CENO

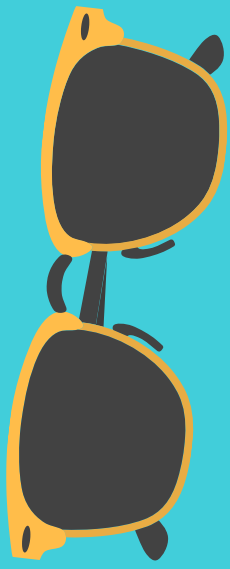


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# ME ACUESTO



Andrea Öst 



**FOLLOW  
ME FOR  
MORE!**

@Spanish\_with\_Andrea

